SOU Student Recreation Center
Youth Guidelines

2022-2023



General Youth Guidelines

Individuals 17 and under may access the SRC. Access is granted after the purchase of a single-day or multi-visit pass, completion of an Assumption of Risk form by the parent or guardian. Youth members and their adult sponsors will need to acknowledge and follow the general SRC Facility Guidelines.

Youths 15 and under must be accompanied by a parent or guardian at all times and locations. Youths 15 and under are not permitted on any fitness machine/equipment in the SRC. Sponsoring members can sponsor up to 4 youth members each day. Youths are asked to use the all-gender/single-stall restrooms and locker room.

Memberships

Currently, youth 17 and under are not able to purchase memberships to the Student Recreation Center (exceptions for students who are under 18 and attending in-person classes at SOU).

Youth may purchase day passes and multi-visit passes to the facility. Youth sponsored by a current student or SOU Faculty/Staff can purchase a Guest Pass for \$8/day or Multi-Visit Pass for \$68.00 (10 visits). Youth sponsored by a community member can purchase a Day Pass for \$10/day or Multi-Visit Pass for \$84 (10 visits).

Parents/guardians are not required to purchase a single-day or multi-visit pass to be present as a monitor. If parents/guardians are participating in activities they must purchase a single-day or multi-visit pass.

Facility Access

Climbing Center

- Ages 0-3: No participation.
- **Ages 4-11**: May participate in bouldering and top-rope climbing with properly fitting youth harness.
- **Ages 12-15**: May participate in bouldering and top-rope climbing. May participate in belaying only with a certified adult back-up belayer.
- **Age 16-17**: May participate in bouldering, top-rope and lead climbing/belaying.

Youths may not play on the padded floor of the Climbing Center.

Gymnasium and Indoor Track:

- Ages 0-3: No access.
- **Ages 4-17**: May use the Gymnasium and Indoor Track

Fitness Center, Fitness Machines, and Fitness Classes

- Ages 0-15: No access.
- **Ages 16-17**: May use the Fitness Center, the fitness machines, and may participate in fitness classes.

Outdoor Program Trips, Intramural Sports, and Sport Clubs

Participation in Intramural Sports, Sport Clubs and OP Adventure Trips are exclusively for currently enrolled SOU students, faculty, and staff.

SOU Campus Recreation Southern Oregon University Ashland, Oregon